

THOMAS G. FRY, M.D.

CURRENT EMPLOYMENT

Cornerstone Orthopaedics & Sports Medicine, P.C. *October 2017 – Present*
Consulting two days a week
Wheat Ridge, CO

LICENSURE

Colorado *1981*

DIPLOMATE

Certificate of Added Qualifications in Surgery of the Hand *1990*
American Board of Orthopedic Surgery *1983*
National Board of Medical Examiners *1978*

ACCREDITATION

Colorado Department of Labor and Employment
Division of Workers' Compensation
Level II Accredited
Re-certified, 2011
Re-certified, 2013
Re-certified, 2015

BUSINESS

TGF Consulting LLC *2017 – Present*
2506 Fossil Trace Court
Golden, CO 80401

The Surgery Center at Lutheran (President) *2006 – 2016*
Hand Specialists (Colorado Hand and Arm PC) *1988 – 2016*
Global Care LLC (Owner) *1995 – 2000*

MEDICAL ORGANIZATIONS

American Society for Surgery of the Hand *1991 – Present*
American Academy of Orthopedic Surgeons *1983 – Present*
Rocky Mountain Hand Surgery Society *1988 – Present*
Burkhalter Society *1985 – 2005*
Hawaii Orthopedic Association *1986 – 1988*
Society of Military Orthopedic Surgeons *1983 – 1988*
Pan-Pacific Surgical Society *1986 – 1987*
Florida Hand Society *1985 – 1987*

ACADEMIC

Clinical Assistant Professor Department of Surgery Uniformed Services of University of Health Sciences F. Edward Hébert School of Medicine <i>Bethesda, MD 20814-4799</i>	<i>1986 – Present</i>
Consultant for Hand Surgery Fitzsimons Army Medical Center <i>Aurora, CO</i>	<i>1988 – 1991</i>
Chief, Hand Surgery Section Teaching Staff Tripler Army Medical Center <i>Tripler AMC, HI 96859-5000</i>	<i>1986 – 1988</i>
Teaching Staff Department of Surgery/Orthopedics Tripler Army Medical Center <i>Tripler AMC, HI 96859-5000</i>	<i>1986 – 1988</i>
Clinical Assistant Professor, University of Kansas College of Health Sciences <i>Kansas City, KS</i>	<i>1982 – 1984</i>

POSTGRADUATE EDUCATION

Fellowship – Hand and Upper Extremity Surgery and Reconstruction University of Miami <i>Miami, FL</i>	<i>1985</i>
Residency – Orthopedic Surgery Fitzsimons Army Medical Center <i>Denver, CO</i>	<i>1978 – 1982</i>
Internship – Flexible Tripler Army Medical Center <i>Honolulu, HI</i>	<i>1977 – 1978</i>

EDUCATION

M.D. Ohio State University Medical College <i>Columbus, OH</i>	<i>1977</i>
B.S. University of Notre Dame <i>Notre Dame, IN</i>	<i>1973</i>
Diploma Waterson High School <i>Columbus, OH</i>	<i>1969</i>

MILITARY SERVICE

Honorable Discharge – U.S. Army	1988
Chief of Outpatient Hand Surgery Clinic/Orthopedic Clinic Tripler Army Medical Center <i>Honolulu, HI</i>	1986 – 1988
Chief, Department of Surgery, Munson Army Hospital <i>Ft. Leavenworth, KS</i>	1984
Chief, Orthopedic, Podiatry and Rehabilitation Service, Munson Army Hospital <i>Ft. Leavenworth, KS</i>	1982 – 1984

AWARDS

Colorado Department of Labor and Employment Division of Independent Medical Examination For Your Dedication and 25 Years of Service	1991 – 2016
Army Oak Leaf Cluster (For Performance at Team Spirit 86)	June 1986
Army Commendation Medal (For Performance at Munson Army Hospital)	December 1984
Army Achievement Medal (For Performance during Mass Casualty)	June 1982

ADMINISTRATIVE

Initiated and Instituted Quality Assurance Program <i>Munson Army Hospital – Department of Surgery</i>	1984
Initiated and Instituted Risk Management Program <i>Munson Army Hospital – Department of Surgery</i>	1984

CONSULTANT

Consultant BCH – Rehabilitation Services	2000 – 2011
Consultant for Hand Surgery <i>Fitzsimmons Army Medical Center</i>	1988 – 1991

CHAIRMAN

Department of Orthopedic Surgery	2001 – 2003
Department of Orthopedic Surgery	1995 – 1997
Orthopedic Assurance Committee	1992 – 1994
Surgery Conference	1984
Morbidity and Mortality Conference	1984

VICE-CHAIRMAN

Orthopedic Department <i>Lutheran Medical Center</i>	1993 – 1994
---	-------------

COMMITTEE MEMBERSHIPS

Board Member <i>The Surgery Center at Lutheran Medical Center</i>	2006 – 2016
Board of Managers <i>The Surgery Center at Lutheran</i>	2006 – 2016
Member – Steering Committee Evaluate feasibility of ambulatory surgery center <i>The Surgery Center at Lutheran Medical Center</i>	2004 – 2006
Medical Executive Committee <i>Exempla Lutheran Medical Center</i>	2001 – 2003
Peri-operative Services Leadership Committee	1995 – 1997
Medical Executive Committee <i>Exempla Lutheran Medical Center</i>	1995 – 1997
Ambulatory Surgery Center Task Force	1994 – 1995
Medical Staff Quality Improvement Committee (MSQIC) <i>Lutheran Medical Center</i>	1992 – 1994
Orthopedic Audit Committee	1991 – 1994
Credentials Committee	1982 – 1984
Quality Assurance Committee	1982 – 1984
Joint Conference Committee	1982 – 1984
Ambulatory Patient Care Committee	1982 – 1984
Infection Control Committee	1982 – 1984
Medical Care Evaluation Committee	1982 – 1984
Risk Management Committee	1982 – 1984
Therapeutic Agents Board	1982 – 1984
Program Budget Advisory Committee	1982 – 1984
Multiple Disciplinary Committee (Code Blue)	1982 – 1984
Discharge Planning Committee	1982 – 1984
Patient Care and Utilization Committee	1982 – 1984

PRESENTATIONS

Carpal Tunnel Surgery Pain and Treatment <i>Lutheran Medical Center</i>	<i>August 2015</i>
The Spine Education and Research Institute A Knowledge Based Approach to Neck and Arm Pain <i>Thornton, CO</i>	<i>May 2010</i>
Carpal Tunnel/Hand Surgery The Scientific Education and Research Institute <i>Thornton, CO</i>	<i>May 20, 2009</i>
The Hand Jive – Common Problems of the Hand and Wrist Human Motion Instituted <i>Exempla Lutheran Medical Center</i>	<i>June 2008</i>
“Scapholunate Ligament Injuries and Surgical Repair – A New Approach” Denver Hand Special Interest Group <i>Denver, CO</i>	<i>June 2007</i>
Common Problems of Hand & Wrist Human Motion Institute <i>Exempla Lutheran Medical Center</i>	<i>April 2007</i>
Common Shoulder Problems Human Motion Institute <i>Exempla Lutheran Medical Center</i>	<i>September 14, 2006</i>
Entrapment Neuropathy in the Upper Extremity	<i>September 2005</i>
Anatomy of the Wrist	<i>May 2004</i>
Wrist Ligament Reconstruction	<i>2003</i>
Common Wrist Problems	<i>2002</i>
Common Upper Extremity Problems Pinnacle Assurance <i>Denver, CO</i>	<i>September 2001</i>
Common Upper Extremity Problems United Airlines <i>Denver, CO</i>	<i>May 17, 2001</i>
The Elbow Exempla Occupational Medicine <i>Wheat Ridge, CO</i>	<i>May 16, 2001</i>
Cumulative Trauma Disorders Boulder Community Hospital <i>Boulder, CO</i>	<i>October 15, 2000</i>
The Shoulder Boulder Community Hospital <i>Boulder, CO</i>	<i>August 23, 2000</i>
Cumulative Trauma Disorders United Airlines <i>Denver, CO</i>	<i>July 22, 2000</i>
Tennis Elbow United Airlines <i>Denver, CO</i>	<i>April 13, 2000</i>

PRESENTATIONS – Continued

Cumulative Trauma Disorder Storage Tek Louisville, CO	<i>June 3, 1999</i>
Intercarpal Ligament Reconstruction Hand Therapy	<i>February 16, 1999</i>
Carpal Tunnel Syndrome Storage Tek Louisville, CO	<i>September 18, 1997</i>
Flexor Tendon and CPM HealthSouth	<i>March 27, 1997</i>
Current Antibiotic Treatment in Acute Hematogenous Osteomyelitis” Rocky Mountain Chapter, Western Orthopedic Association Denver, CO	<i>1981</i>

CONTINUING MEDICAL EDUCATION CREDITS

American Society of Surgery of the Hand Annual Meeting Seattle, WA	<i>September 2015</i>
Memorial Hospital Case Studies of Arthur Clozier University of Colorado Health Boulder, CO	<i>December 2013</i>
Mountain and Plains ERC The Opioid Crisis: Guidelines and Tools for Improving Chronic Pain Management	<i>October 2013</i>
American Society of Surgery of the Hand Annual Meeting Chicago, IL	<i>September 2012</i>
Copic Risk Management Seminar Difficult Patient Encounters in Medicine Lakewood, CO	<i>February 2011</i>
The Spine Education and Research Institute A Knowledge Based Approach to Neck and Arm Pain Thornton, CO	<i>May 2010</i>
American Society of Surgery of the Hand Annual Meeting Chicago, IL	<i>September 2008</i>
American College of Medical Quality/People to People Ambassador Programs Surgery Delegation to Vietnam and Cambodia Bethesda, MD	<i>November 2008</i>
Shoulder Arthroscopy Advanced Techniques and Cadaver Lab	<i>February 2008</i>
Department of Labor and Employment Division of Workers Compensation Website Course for Level II Reaccreditation	<i>December 2007</i>
American Society for Surgery of the Hand Annual Meeting Washington, DC	<i>September 2006</i>
Capture the Power of Orthopaedics Conference Orlando, FL	<i>February 23 – 24, 2006</i>

CONTINUING MEDICAL EDUCATION CREDITS – Continued

American Society for Surgery of the Hand Joint Annual Meeting <i>San Antonio, TX</i>	<i>September 2005</i>
Department of Labor and Employment Division of Workers Compensation Website Course for Level II Reaccreditation	<i>February 2005</i>
Arthroscopic Shoulder Surgery – Advanced Techniques Orthopedic Learning Center American Society for Surgery of the Hand <i>Rosemont, IL</i>	<i>2004</i>
American Society for Surgery of the Hand Annual Meeting <i>Chicago, IL</i>	<i>September 2003</i>
Arthroscopic Shoulder Surgery – Advanced Techniques Orthopedic Learning Center	
American Society for Surgery of the Hand <i>Rosemont, IL</i>	<i>April 28 – 30, 2000</i>
Wrist Arthroscopy – Advanced Techniques AAOS and ASSH	<i>November 1999</i>